



L A S E R V I S I O N

# *DRY EYE DISEASE*

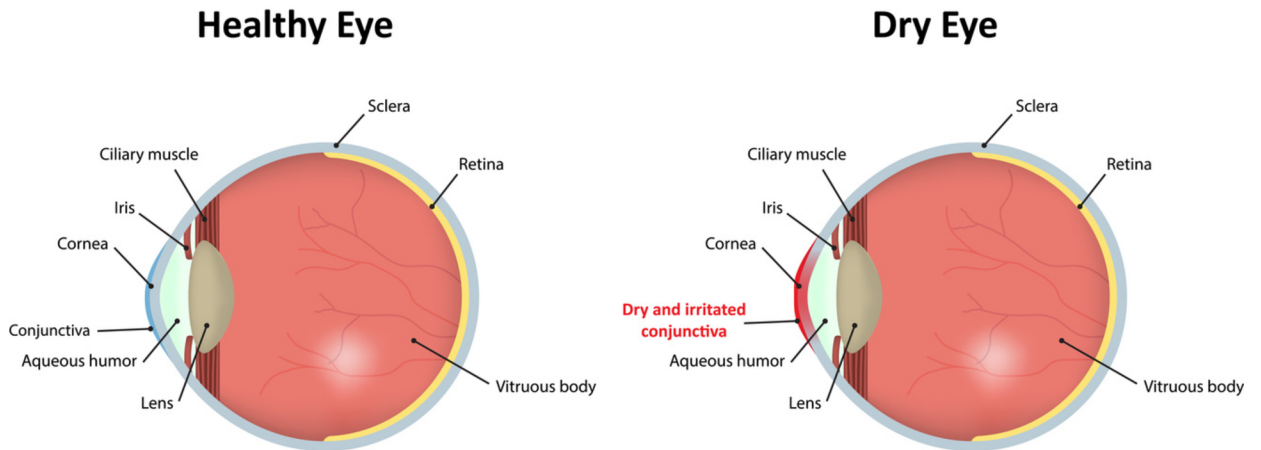
PATIENT INFORMATION

## What is Dry Eye Disease?

Dry eye occurs when tears are insufficient in quantity or quality, or evaporate too quickly. It is commonly associated with meibomian gland dysfunction (MGD).



DRY EYE DISEASE



COMMON SYMPTOMS

- Burning or stinging sensation
- Gritty or sandy feeling
- Redness
- Watery eyes (reflex tearing)
- Blurred or fluctuating vision

CAUSES

Ageing, hormonal changes, prolonged screen use, contact lens wear, medications, autoimmune conditions, sin inflammation such as rosacea, and meibomian gland dysfunction.

TREATMENT OPTIONS

Treatment depends on severity and underlying cause. Options include:

- Lubricating artificial tears and ointments
- Warm compresses and eyelid hygiene
- Meibomian gland expression
- OptiLight® IPL therapy to reduce inflammation and improve gland function
- OptiLift® treatment to support eyelid tightening and gland performance
- Punctal plugs to reduce tear drainage and retain moisture

Advanced in-clinic treatments are often recommended for moderate to severe dry eye disease.

WHEN TO SEEK FURTHER ADVICE

Seek assessment if symptoms persist despite treatment, vision becomes consistently blurred, pain increases, or light sensitivity develops.

FOR FURTHER INFORMATION OR TO BOOK A CONSULTATION,  
PLEASE CONTACT LASER VISION ON 02392 292 315