



L A S E R V I S I O N

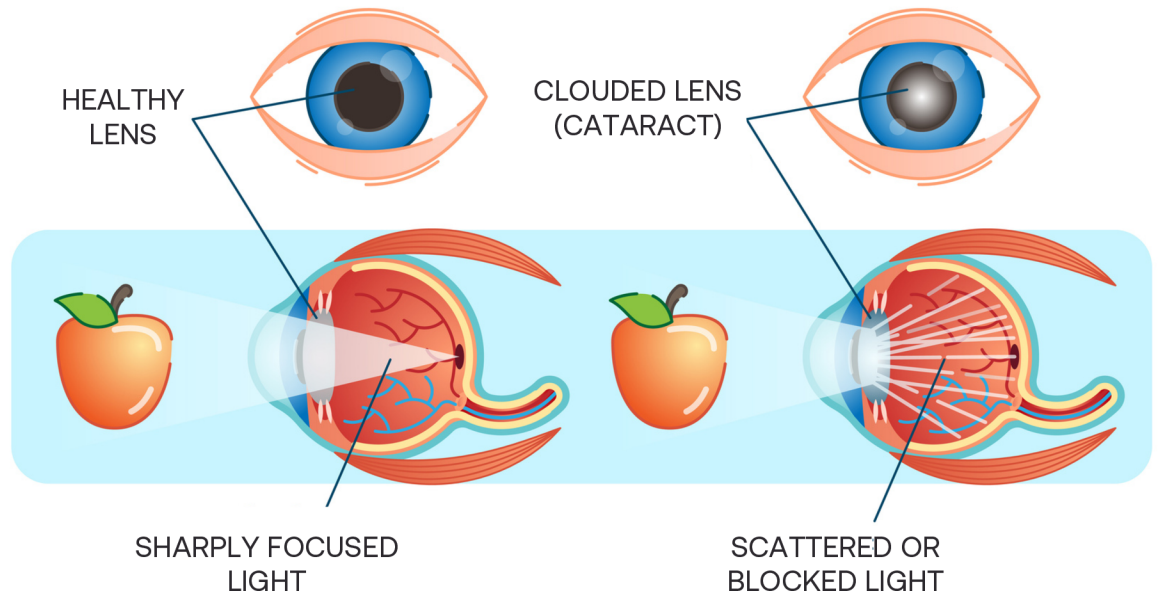
CATARACTS

PATIENT INFORMATION

What is a Cataract?

A cataract is a clouding of the natural lens inside your eye. This clouding can cause blurred or misty vision, increased glare from lights, difficulty reading, and faded colour perception. Cataracts commonly develop gradually as part of the natural ageing process.





COMMON SYMPTOMS

- Blurred or cloudy vision
- Sensitivity to bright lights or glare
- Difficulty seeing at night
- Colours appearing faded or yellowed
- Frequent changes in glasses prescription

TREATMENT OPTIONS

Cataract surgery is the only effective treatment. During this procedure, the cloudy lens is removed and replaced with a clear artificial lens (intraocular lens or IOL). The surgery is safe, commonly performed, and usually completed within 20–30 minutes.

AFTER SURGERY

Most patients notice improved vision within a few days. You will be given eye drops to use for several weeks to prevent infection and inflammation. It is important to avoid heavy lifting, swimming, and rubbing your eye during the early recovery period.

WHEN TO SEEK URGENT ADVICE

Contact your clinic immediately if you experience severe pain, sudden vision loss, increasing redness, or flashing lights after surgery.

FOR FURTHER INFORMATION OR TO BOOK A CONSULTATION,
PLEASE CONTACT LASER VISION ON 02392 292 315