



L A S E R V I S I O N

BLEPHARITIS

PATIENT INFORMATION

What is Blepharitis?

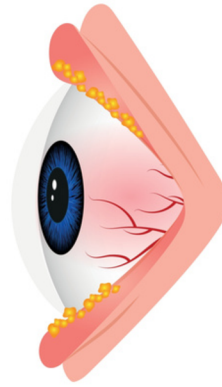
Blepharitis is inflammation of the eyelid margins, commonly caused by blocked oil glands, bacterial overgrowth, or skin conditions such as rosacea. It is a chronic condition that often requires ongoing management.



BLEPHARITIS



Healthy eye



Blepharitis

COMMON SYMPTOMS

- Red or swollen eyelids
- Crusting around the eyelashes
- Burning, itching or gritty sensation
- Dry or watery eyes
- Blurred vision that improves with blinking

CAUSES & RISK FACTORS

Blepharitis may be linked to blocked meibomian (oil) glands, bacterial colonisation, seborrhoeic dermatitis, rosacea, or Demodex mites. It is not usually contagious but can flare up periodically.

TREATMENT OPTIONS

Management focuses on regular eyelid hygiene. This includes warm compresses to soften oil secretions, gentle lid massage, and cleaning the lid margins.

Lubricating drops may help relieve dryness

Your doctor may also prescribe topical or systemic antibiotics to target the bacteria and topical lubricating drops to improve tear quality and reduce inflammation. Intense Pulse Light (IPL) treatment can also be provided to patients with posterior blepharitis (MGD) who fail to respond to traditional treatments.

WHEN TO SEEK FURTHER ADVICE

You should seek professional advice if symptoms persist despite regular lid hygiene, if you experience significant pain, light sensitivity, worsening redness, reduced vision, or if only one eye is severely affected. Prompt assessment ensures other conditions are not contributing to your symptoms.

FOR FURTHER INFORMATION OR TO BOOK A CONSULTATION,
PLEASE CONTACT LASER VISION ON 02392 292 315